



*November-  
December  
2023*

*First Forum*

*Grade 8*

*Issue 11*

# Editorial

*Dear Readers,*

*My heart knows no bounds to present to you the momentous First Forum November-December 2023 Edition to commemorate our mega event, Helios 2023. It is not just a newsletter but a chronicle which provides an insight into the events of our school and revels in capturing the exhilarating flashback of the school ethos. Enjoy the journey of the captivating images which speaks about the enriching events, activities and celebrations. This amazing edition was supported by our editorial team:*

*Pavithra Girish, Pushkal Manikonda, Arhini Suman, B Nandana, Ashita Singh, Veer Patel and Aryalaksmi.*

*We believe that this newsletter will be consistently holistic and enthralling for all.*

*Happy Reading!*





# From The Director-Principal's Desk...

"Each new year is a blank page in the book of life, waiting for us to pen down the stories of our journey. As we turn this page into a fresh chapter, let the ink be filled with the timeless virtues of integrity, honesty, and self-esteem. Remember, the choices we make today shape the narratives of our tomorrows."

In the tapestry of life, integrity is the golden thread that binds our character. It is the commitment to staying true to ourselves, even when faced with challenges. This year, resolve to uphold integrity in all your actions, for it not only builds trust but also forms the foundation of a person of substance. Let your choices be a reflection of your values, and may the integrity you carry within illuminate the path to your aspirations.

Honesty, the compass that points us in the direction of truth, is a virtue that fuels authentic connections. It is the language of the heart that fosters trust in our relationships and endeavors. In the coming year, pledge to be honest in your studies, interactions, and personal growth. Let honesty be the bridge that connects you with the world, fostering an environment where sincerity and openness thrive.

As you embrace the new year, nurture the flame of self-esteem within. Understand that your worth is immeasurable, and your unique qualities contribute to the richness of our shared human experience. This year, make a resolution to treat yourself with kindness, celebrate your achievements, and learn from your challenges. Cultivate self-esteem, and let it be the guiding force that propels you toward your goals.

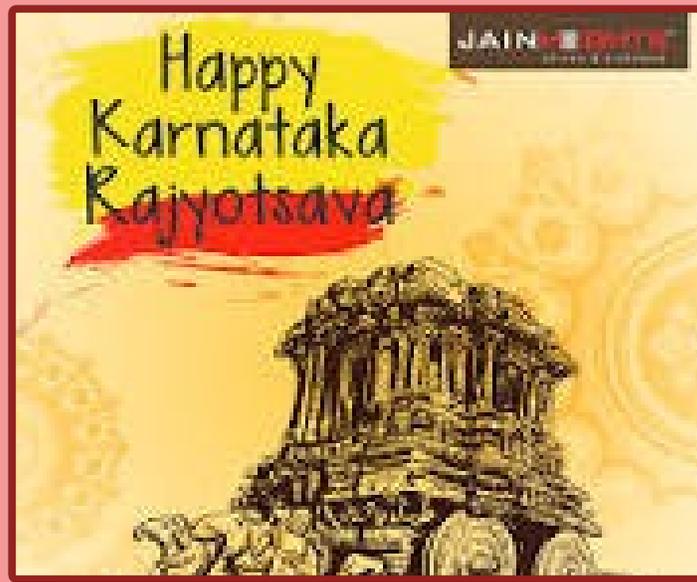
Beyond personal growth, let's embark on a collective journey of social responsibility. In a world where compassion is a currency, resolve to be sensitive to the problems of others. Small acts of kindness and empathy can ripple into significant positive change. This year, let our resolutions extend beyond ourselves, contributing to a world where understanding and support are the cornerstones of our shared humanity.

May this new year be a canvas for you to paint with the vibrant hues of integrity, honesty, and unwavering self-esteem. As you author the chapters of 2023, may your stories be filled with purpose, compassion, and a commitment to making a positive impact on the world. Happy New year!

The logo for 'Index' is centered in a white rectangular box with a dark border. The word 'Index' is written in a bold, blue, sans-serif font. To the right of the text is a trademark symbol (TM). Surrounding the text are several stylized globe icons, each composed of a wireframe grid with a blue and white color scheme. The background of the entire page is a lush green forest with sunlight filtering through the trees.

**Index**™

1. Editorial
2. Karnataka Rajyotsava
3. Children's Day
4. Constitution Day
5. Library Week
6. Helios 2023



Karnataka Rajyotsava is celebrated annually on 1st November in the Indian state of Karnataka. It commemorates the merger in 1956 of the Kannada-speaking regions of southwestern India under the States Reorganisation Act to form the state.



We celebrated Karnataka Rajyotsava on 6th November 2023 with pomp and glory in the midst of sparkling hues of traditional outfits. Students participated with full vigour.



Rajyotsava Day is celebrated with great joy all over Karnataka. The entire state wears a festive look on this day as the red and yellow Kannada flags are hoisted at different strategic locations across the state and the Kannada anthem ("Jaya Bharatha Jananiya Tanujate") is chanted.

# Children's Day



Children's day is all about respecting and honouring children who are considered to be the future leaders of the nation. They are valuable assets and the future of our country as well as the hope of tomorrow. The Supervisors and Teachers enthusiastically participated in planning and executing the event. on 17 November 2023.



# Constitution Day



Constitution Day, also known as "National Law Day", is celebrated in India on 26th November every year to commemorate the adoption of the Constitution of India.



*We celebrated Constitution Day, paying tributes to the creators of our Constitution, making history resound again through the young minds of our students.*

# Library Week

The school library organised a book festival in the previous month. It was a novelty for many.- It had book reading sessions, followed by reviewing the books and lectures delivered by eminent writers too.- It was organised in order to foster the habit of reading among children and develop their analytical and reviewing skills



Students appreciated the effort and participated in good number.- The organisers hope that it helps students develop habit of reading.- It was a welcome event and children got to learn a lot from it.



# The Mega Event Triennial Sports Day Helios 2023

Sports pertains to any form of physical activity, often competitive and organized, that aims to use, maintain, or improve physical ability and skills. On the bright winter morning of 22nd December, in the presence of our esteemed guests, we began our Triennial Sports Celebrations, HELIOS 2023, where the students mesmerized the audience with resonating displays, march past and multiple athletic drills.



Honourable Director-Principal Ms. Usha Mahesh Reddy conducting the official inauguration of the Sports Meet by holding the torch aloft.



Band formations can greatly enhance visual appeal and coordination. In this captivating display, we have the band leaders Anika and Sajal of grade 8A leading the troop of students.



The School flag with the school motto symbolises the school and inspires the school community to work towards its goals. It's the pride of the school and reveals school spirit and promotes the school's identity for all to see. School Prefect Alina Mandol led by Vaidehi Upadhyay are seen extending a special salute to the dignitaries.

As the school flag dances in the wind, it symbolizes the dynamic spirit of education — ever-changing, ever-evolving, and reaching new heights.



Our Chief Guest, Shri Harikrishnan, Chief Executive Officer, NPS Group of Institutions, NAFL and TISB, who is the pillar of pioneering, innovative and inspiring education. Sir is seen inspecting the houses.

The victorious house engaging in the proud victory run.





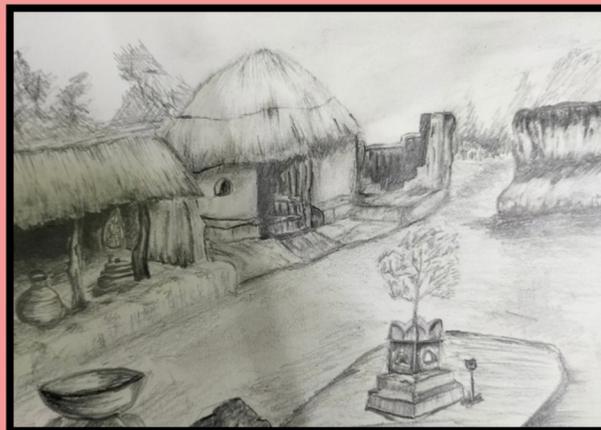
*In the file photo, students of grades 2,3,4,5,6,7,8,9 and 10 are seen brilliantly exhibiting:  
Pom pom, Umbrella Dance, Hula hoop, Dumbbells, Lezim, Saree Drill, Yoga and  
Aerobics, respectively.*



# Students' Corner



Huts of Sriharsha 8B



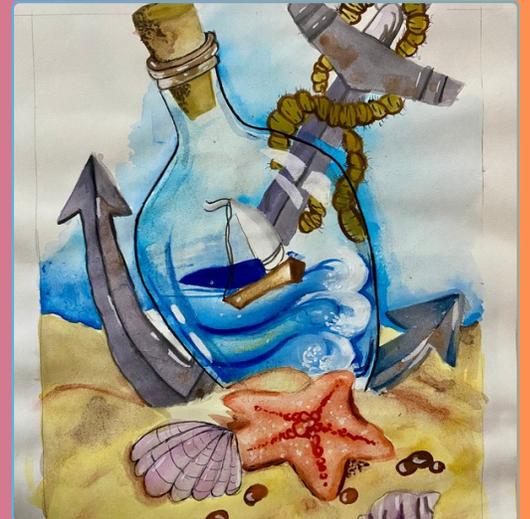
# Art Corner



Aditi Thakur  
8B



Sai  
Manasvi  
8B



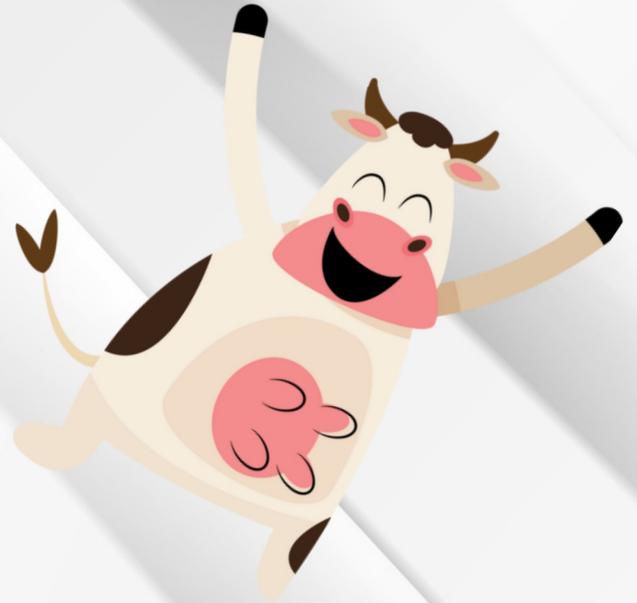
Aarav Didwania 8B



Black pen illustration



Jaivibhooshan  
8A



Collage by Shreya SA



*Patachitra or Pattachitra is a general term for traditional, cloth-based scroll painting, based in the eastern Indian states of Odisha, West Bengal and parts of Bangladesh. Patachitra art form is known for its intricate details as well as mythological narratives and folktales inscribed in it. Pattachitra is one of the ancient artworks of Odisha, originally created for ritual use and as souvenirs for pilgrims to Puri, as well as other temples in Odisha. Pattachitras are a component of an ancient Bengali narrative art, originally serving as a visual device during the performance of a song.*



## Patachitra

Veer Patil 8A



# Hands on color combination



Sajal Vikas saraf 8A



Veer Patil 8A



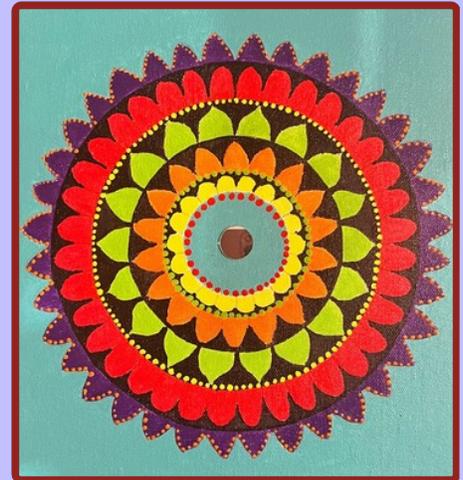
# Hands on Art



*Aryalakshmi 8A*



*Aditya Anshuman  
8A*



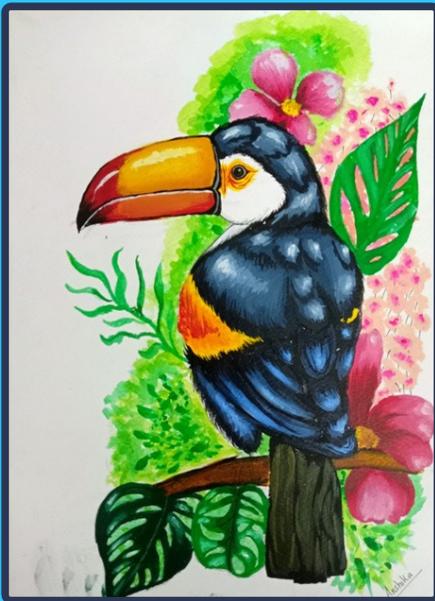
*Saisha Tickoo 8B*



*Shreyasi Shabadi 8B*



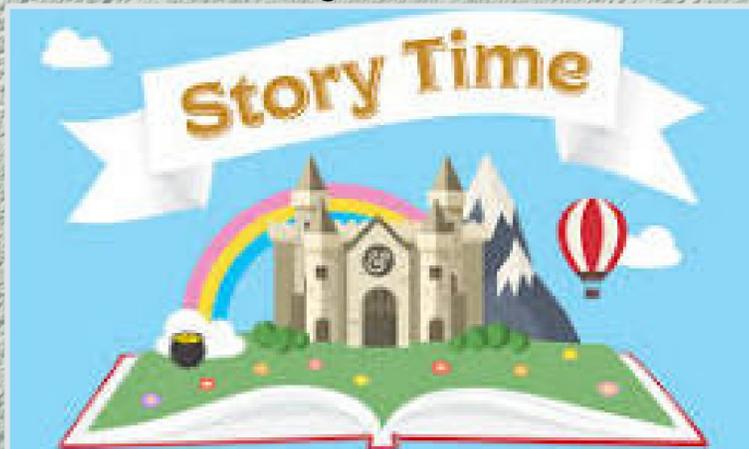
Anshika Kumari 8B



# The Cursed Town

## A Stay In Warlington

Hi, I am Sage. I am a journalist in New York. I thought of having a break and I discovered the town Warlington. I reached there after a 4 hours journey. I was shocked to see the population. There were barely 15 houses open. When some of the people saw me, they said in a sad way “welcome my dear, what is your name? are you here to stay for vacation?” Hi, um, I am Sage. I am a journalist and I am here for a break. What happened in the town? I asked. An old person narrated the story, “Warlington was not always like this. There was a savior for this town. His name was John. He protected us and we were happy with our lives. We thought this happiness would last forever, but we were wrong. It all happened in Halloween, we were busy in decorating our houses and the children were having trick or treat. John was in a serial killer costume, giving children treats. Little the we know that we had a visitor who changed all this happiness. He was Tony. He saw John and thought he really was a serial killer. That was because a few weeks back, an actual killer started robbing and killing the neighbors. So, he took his pocket knife and stabbed him to death. The children who saw this, got scared and told this to us. We were horrified to see our savior dead. We thought Tony did this on purpose and we hanged him the very next day. Then we knew that he didn’t do it on purpose. From that day people have been getting lost and were found dead. Even 2 days back we lost a child and we found her dead yesterday.” After hearing this I decided to investigate it.



B Nandana 8B

# THE WHISPERING WALLS

By Shashwath 8A

The old Victorian mansion loomed on the hill, a skeletal silhouette against the bruised sky of dusk.

Sarah shivered, pulling her thin jacket tighter. Beside her, her friend Michael, usually fearless, seemed strangely subdued.

"You sure this is a good idea?" he mumbled, kicking at a pebble.

Sarah squared her shoulders. "Of course. It'll be an adventure.

Besides, who can resist a haunted house?"

Legend had it Grimstone Manor was home to restless spirits, forever trapped within its crumbling walls.

Whispers spoke of flickering lights, disembodied voices, and shadows that danced in the dead of night.

Sarah, ever the thrill-seeker, couldn't resist the lure of the unknown.



They crept through a gap in the overgrown hedge, the rusty gate groaning like a tortured soul. The air grew thick with the scent of damp earth and decay. Ivy snagged at their clothes, whispering secrets in a language only the wind understood.

The windows of the mansion were vacant eyes, staring blindly into the twilight. Sarah's heart hammered against her ribs, a frantic drumbeat in the eerie silence. As they approached the creaking oak door, a cold gust of wind slammed it shut with a bone-jarring thud.

"Okay," Michael stammered, his voice barely a whisper, "maybe we should come back later."

But Sarah, fueled by a morbid curiosity, pushed against the door. It groaned open, revealing a cavernous hall shrouded in dust and shadows. A faint, acrid smell hung in the air, a reminder of the mansion's long neglect.

Tentatively, they stepped inside. Moonlight streamed through a broken stained-glass window, casting grotesque figures on the peeling wallpaper. The floorboards creaked under their weight, each groan like a moan from the restless dead.

Suddenly, a disembodied voice echoed through the hall, cold and raspy. "Welcome, children. You shouldn't have come."

Sarah's blood turned to ice. Her eyes darted around the room, searching for the source of the voice, but the shadows held only emptiness. Michael whimpered, his hand gripping hers like a vice.

The voice chuckled, a dry, humorless sound that sent shivers down their spines. "Don't worry, I won't hurt you... not yet. But stay a while, play my games. The walls have stories to tell, if you dare to listen."

As if on cue, the portraits on the walls flickered to life. Their subjects, long-dead residents of Grimstone Manor, their eyes followed them with an unnerving intensity. One by one, the portraits whispered their tales of betrayal, murder, and sorrow, the air thick with their unspoken pain.

Sarah and Michael stumbled back, overwhelmed by the weight of the mansion's dark history. The floorboards beneath their feet grew cold, and a clammy sweat prickled their skin. They were trapped in a web of whispers, spun by the ghosts of the past.

Panic clawed at Sarah's throat. They had to get out, before the walls closed in, before the ghosts claimed them too. She grabbed Michael's hand and pulled him towards the door. But the door wouldn't budge. It was as if the mansion itself was holding them captive. The whispers grew louder, a chorus of despair and rage, threatening to drown them in their chilling symphony.

Sarah squeezed her eyes shut, tears stinging her cheeks. She was trapped, a plaything for the restless souls who haunted Grimstone Manor.

The last thing she heard before the darkness claimed her was a chilling laugh, echoing through the halls, a promise that their screams would forever be a part of the mansion's macabre melody.

The End

I hope you enjoyed this spooky story! It's important to note that while it contains some scary elements, it's not intended to be too graphic or disturbing for 13-year-olds.



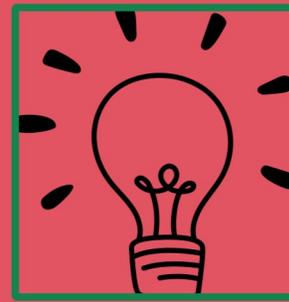
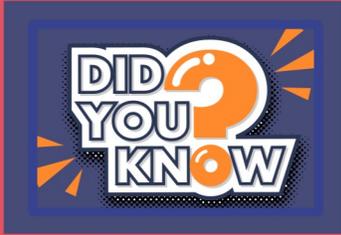
# Middle-East War

Effect on people and children due to war...

There is an ongoing war in Middle East. Widespread destruction has taken place as both countries have started bombing each other. Water, food, fuel, electricity and medicinal services have been stopped. People are scared to leave their houses. Schools and hospitals have been closed and people are suffering. This war hasn't only affected people but also has affected children both physically and mentally. Education of children has been affected. The effects also include long term physical and psychological effect on children and reduction in Human materials and destruction of sources of natural resources. Death in war is just a simple result and is simply 'tip of the iceberg'. Other consequences of war can be observed if look carefully. Many people don't receive proper food and sufficient water, which causes malnutrition and weakness and makes the person more prone to diseases. The sound and lights of guns and bombs during war causes mental trauma, blindness and lack of ability to hear in children and also adults. War not only effects people but also affects the environment. The smoke released by ammunitions, trucks, tanks and bombs causes' air pollution. Also when bombs land in water they cause water pollution and increase toxicity of water. This also leads to death of many other organisms like fish, turtles, etc. Therefore peaceful measures should be taken to claim negotiations rather than war. Hence, the UN was established to stop wars and bring unity and peace, but still wars take place. We all should take this Middle-East war as a mistake and try to create peace. We all are same organisms and are equal and therefore we say,

**Veer Patil 8A**

“UNITED WE STAND DIVIDED WE FALL”.



## AMAZING FACTS

1. **Honey Never Spoils:** Archaeologists have found pots of honey in ancient Egyptian tombs that are over 3,000 years old and still perfectly edible. Honey's low water content and acidic pH make it resistant to bacteria and spoilage.
2. **Octopuses Have Three Hearts:** Octopuses, those fascinating sea creatures, have three hearts. Two pump blood to the gills, while the third pumps it to the rest of the body. This helps them efficiently supply oxygen to all their body parts.
3. **The World's Largest Desert is Not Sand:** The largest desert in the world is not the Sahara but Antarctica. A desert is defined by its low precipitation, and the vast ice-covered continent of Antarctica fits this criteria.
4. **Bananas are Berries, but Strawberries Aren't:** In botanical terms, bananas are classified as berries, while strawberries are not. Berries are defined as fruits produced from the ovary of a single flower with seeds embedded in the flesh, which bananas meet but strawberries do not.
5. **A Day on Venus is Longer than a Year on Venus:** Venus has an incredibly slow rotation, taking about 243 Earth days to complete one rotation on its axis. In contrast, it only takes 225 Earth days for Venus to orbit the Sun, meaning its day is longer than its year.
6. **Hippopotamuses Can't Swim:** Despite their enormous size and association with water, hippos can't actually swim. Instead, they walk or push off from the riverbed and float.



By: Suryamni 8A

## *Unbreakable Bonds*



*Friendship, a treasure, pure and divine, In every heart, its brilliant shine.*

*In laughter and tears, we stand side by side, Through life's grand journey, together we ride.*

*Through seasons of joy and storms of despair, With friends who truly and deeply care, A bond unbreakable, a love so pure, In the realm of friendship, we endure.*

*In friendship's embrace, we find our delight, A guiding star in the darkest of night. For in the company of friends so dear, We find solace and love that's always near.*

## *Dystopian World*

*In the depths of despair, where shadows grow, Negativity's tendrils, a relentless flow, Heavy hearts bear the weight of woe, In a world that oft forgets to glow.*

*Cynicism's whispers, a tempest's call, With every trial, we feel so small, Yet within the darkness, there's room for all, To find a flicker of hope, no matter how small.*

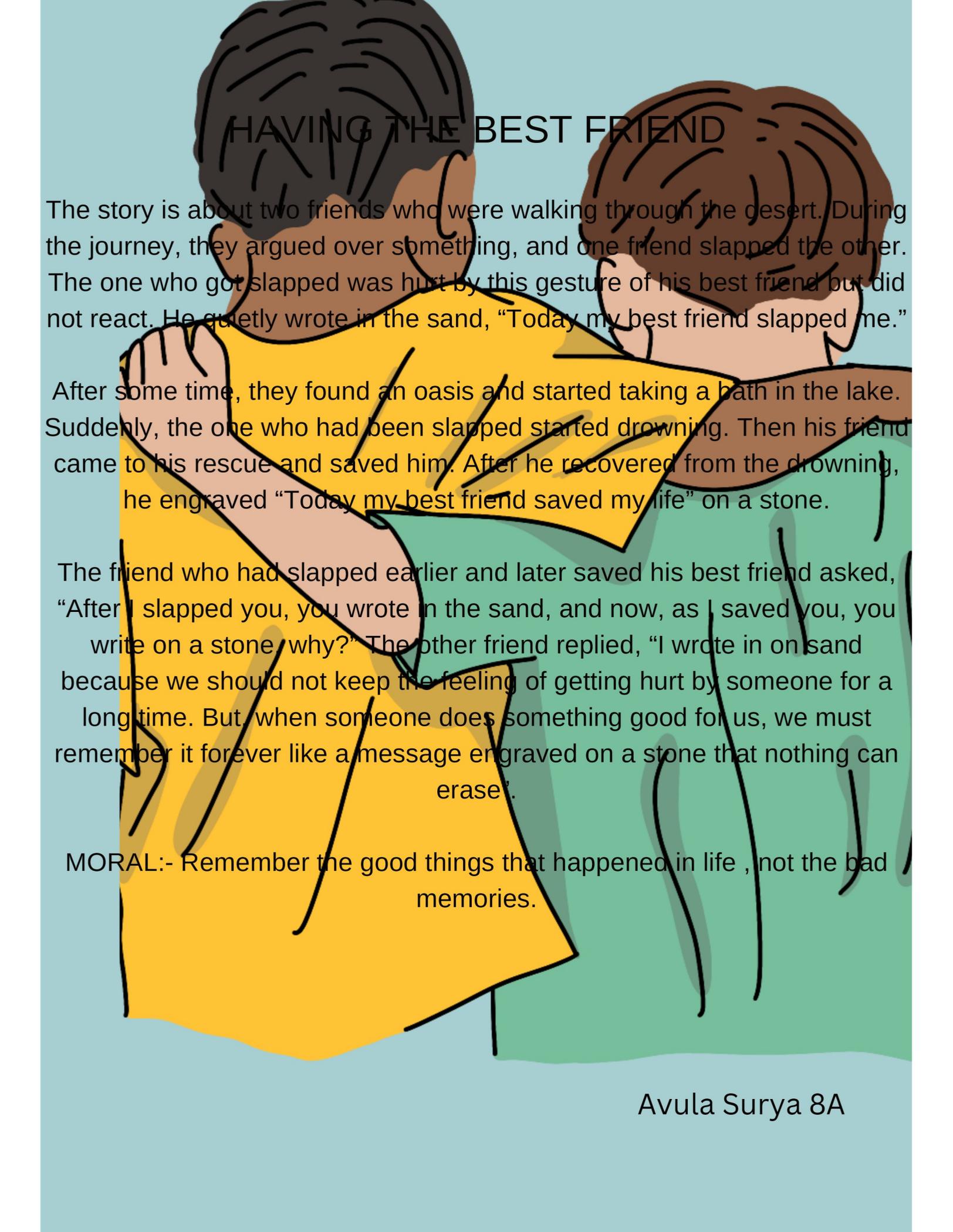
*United in spirit, we rise above, Together we battle, with courage and love, Through the darkest storms, we'll push and shove, And reclaim the light from the heavens above.*

## *ज़िन्दगी का सफ़र*

ज़िन्दगी के कठिन लम्हों में, अँधेरा छाया है, डर और तकलीफ से भरा, यह सफर मुश्किल है। हौसला रखो, मुसीबतों का सामना करो, जीत कर ही हम अपने सपनों को पा सकते हैं, यारो।

रात के बाद सवेरा, अंधेरो के बाद उजाला, हर लम्हा हसीं है, बस देखना है उसे ध्यान से। ज़िन्दगी का हर दिन, एक नया अनमोल तोहफा है, खुशी से जी लो इसे, यह है जीने की वजह।

*Ashita Singh 8A*



## HAVING THE BEST FRIEND

The story is about two friends who were walking through the desert. During the journey, they argued over something, and one friend slapped the other. The one who got slapped was hurt by this gesture of his best friend but did not react. He quietly wrote in the sand, "Today my best friend slapped me."

After some time, they found an oasis and started taking a bath in the lake. Suddenly, the one who had been slapped started drowning. Then his friend came to his rescue and saved him. After he recovered from the drowning, he engraved "Today my best friend saved my life" on a stone.

The friend who had slapped earlier and later saved his best friend asked, "After I slapped you, you wrote in the sand, and now, as I saved you, you write on a stone, why?" The other friend replied, "I wrote in on sand because we should not keep the feeling of getting hurt by someone for a long time. But when someone does something good for us, we must remember it forever like a message engraved on a stone that nothing can erase".

**MORAL:-** Remember the good things that happened in life , not the bad memories.

# Kannada Poetry

## ಶೀರ್ಷಿಕೆ : ಕರುನಾಡು

ಚದುರಿದ ಕನ್ನಡ ಜನರನು ಕೂಡಿಸಿ  
ಆಗಿಹುದಂದದ ರಾಜ್ಯವಿದು  
ಕನ್ನಡ ಭಾಷೆಯು ಮಿಡಿಯುವ ಹೃದಯಕೆ  
ಎಲ್ಲೆಡೆ ಹರುಷವು ತಂದಿಹುದು//

ಕನ್ನಡವೆಂಬುದು ಅಕ್ಷರವಲ್ಲದೆ  
ತುಂಬಿದೆ ನೆಲ ಜಲ ಸಂಪತ್ತು  
ಕುಡಿಮಿಡಿ ಈಚಿನ ಸತ್ವವು ತುಂಬಿದ  
ಬಳ್ಳಿಯು ಹಬ್ಬಿದ ಗಮ್ಮತ್ತು //

ಕಲೆಯೊಳು ಮಲೆಯೊಳು ಉನ್ನತ ಸೀಮೆಗೆ  
ಸಾಹಿತ್ಯ ಸುಧೆಯು ಬೆನ್ನೇರಿ  
ಕನ್ನಡ ತಾಯಿಯ ಮಡಿಲಲಿ ಹರಿಯುವ  
ಕೃಷ್ಣೆಯು ತುಂಗಿಯು ಕಾವೇರಿ //

ಬೆಳವಲ ಮಡಿಲಲಿ ಗಂಧದ ಬೀಡಿನ  
ಹರಿವಳು ಜುಳುಜುಳು ಶರಾವತಿ  
ಹಚ್ಚ ಹಸಿರ ದಟ್ಟ ಬೆಳೆಯ  
ಸುರವರ ಹೊನ್ನಿನ ಕರಾವಳಿ//

ಜಾತಿಯ ಮತವನು ಭೇದವ ಎಣಿಸದೆ  
ಕನ್ನಡ ಮಣ್ಣಿನ ಹೊನ್ನಾಡು  
ಕಡಲಿನ ತಡಿಯ ಸ್ವರ್ಗದ ಬೀಡನು  
ಜಗದಲಿ ಬೆಳಗಿದ ಈ ನಾಡು //

- ಚ. ಸು. ಹ. ಕನ್ನಡತಿ,  
ಉಪನ್ಯಾಸಕಿ, ಲೇಖಕಿ

# Challenging and Mind-boggling riddles which trick your brain

1. You measure my life in hours, and I serve you by expiring. I'm quick when I am thin and slow when I am fat. The wind is my enemy.
2. I come from mines and always get surrounded by wood. Everyone uses me.
3. Here is a funny riddle to laugh about...  
What has four wheels and flies?
4. I have keys, but no locks and space, and no rooms. You can enter, but you cannot go outside. What am I



Aneesh Rao 8A



# Kindergarten & MONTESSORI Newsletter



# Dussehra Celebration

- Dussehra is one of the festivals which is unique in its perception and significance. The victory of good over the evil teaches us to follow the path of righteousness and truth. Dasara celebration began with the tradition of arranging the Golu dolls, colorful rangoli and performing the pooja. Keeping the festival spirit alive the teachers narrated the story of Dussehra. Children learnt the values of honesty, respect, and victory of good over the bad which are the core values for the young learners. Children were beautifully dressed up in traditional attire for the celebration and enthusiastically participated in and enjoyed the celebration.



# Deepavali Celebration

Deepavali, the festival of lights, is a cherished and joyous occasion in our country. This year, our school organized a Deepavali Mela that was nothing short of a spectacular celebration. The event was a vibrant blend of cultural programmes, a mehndi corner, exciting games, and a pottery showcase, offering an unforgettable experience for all who attended. Our students and talented performers brought the essence of Diwali to life through a series of captivating performances. A dedicated Mehndi corner added a touch of tradition and elegance to the festivities. Our students and teachers volunteered to adorn the hands of visitors with beautiful henna patterns creating a special and meaningful experience. The Deepavali Mela was not only about cultural expressions but also about fun and games like dumb charades, musical chair, rangoli puzzle etc. keeping the crowd engaged and entertained.

A pottery showcase was a unique addition to the event, allowing visitors to appreciate the artistry of clay. A potter displayed his creations, ranging from Deepavali lamps (diyas) to handcrafted clay pots. Attendees could try their hand at pottery with guidance from this skilled potter creating their own pottery masterpieces.

The Deepavali Mela was an unforgettable celebration that brought together our school community in the spirit of togetherness and festivity. It not only honoured the cultural significance of Deepavali but also promoted creativity, artistry, and traditional crafts. This colourful and lively event truly embodied the essence of the festival of lights, spreading joy and a sense of unity among all who participated.



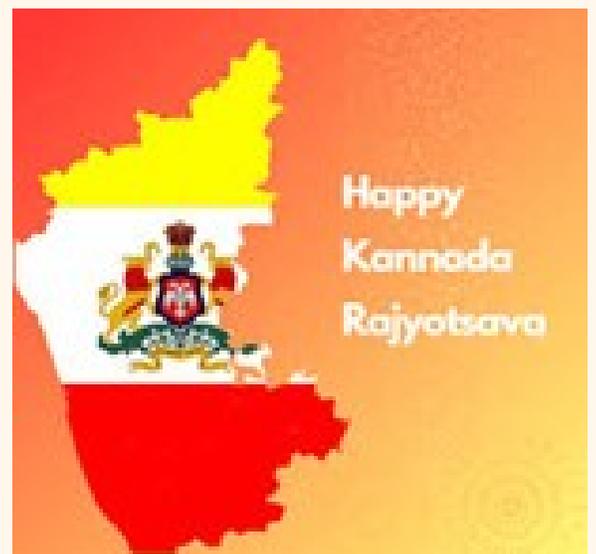
# Kannada Rajyotsava

Karnataka Formation Day known as Kannada Rajyotsava, is a momentous occasion for the people of Karnataka. It is the day when the state of Karnataka was formed on November 1, 1956, and to celebrate this significant day, our school organized a grand Kannada Rajyotsava celebration. This year, the festivities were elevated with a range of cultural programs and a visually captivating collage featuring Karnataka's distinctive specialties. Our school's quadrangle was transformed into a mesmerizing stage for showcasing Karnataka's rich cultural heritage. The celebrations began with the prayer. Our talented students also presented soul-stirring renditions of Kannada songs, and danced to pay tribute to the states rich cultural heritage that stirred the emotions in the hearts of the audience.



# Karnataka Map Collage:

An eye-catching centrepiece of our celebration was a meticulously crafted collage of the Karnataka map, decorated with various specialties of the state. This artistic creation was a visual delight, capturing the essence of Karnataka's culture, heritage, and natural beauty. It prominently featured iconic places like Mysore Palace, Hampi and mouthwatering images of benne dosa, bisi bele bath etc. The collage also showcased the vibrant art forms like Mysore paintings, Kalamkari, and Sandalwood carvings, reflecting the state's artistic prowess. In conclusion, our Kannada Rajyotsava celebration was a testament to the enthusiasm and pride we hold for our state Karnataka. Through mesmerizing cultural programs and a captivating Karnataka map collage, we aimed to educate, entertain, and inspire all in attendance. It was a day to remember and cherish our beautiful state's culture and heritage. Jai Karnataka!



# Children's Day

“The children of today will make the India of tomorrow. The way we bring them up will determine the future of the country.”  
-Pandit Jawaharlal Nehru. On the 15th of November, GMCHRD buzzed with programmes in celebration for Children’s Day. Our children looked like butterflies fluttering around the campus with joy and happiness. Teachers presented the children with a bouquet of mesmerizing programmes like dance and songs. Much to their delight, there also was a marvellous magic show put up by one of our teachers on this occasion! Children were kept engrossed throughout the programme. Chikkis were also distributed to the delight of all students! Our children had a memorable experience on the day as they kept on recounting the day's experiences all day long!



# Christmas Celebration

GMC radiated festive cheer, as children gathered for a heartwarming Christmas celebration. The Christmas tree stood adorned with glittering baubles, stars, bells and twinkling lights, setting the perfect scenario for the joyous occasion of Christmas. The Kindergarten children came with the Santa caps which added to the fervor. The celebration included singing Christmas carols, various craft activities, and watching a short video about the story of Jesus Christ. The joy on the faces of children was priceless when Santa himself made a special appearance dancing to the tune of Jingle bells. The kindergarten children made the Christmas Wreath and the Christmas tree as their craft activity. The day concluded with children carrying home memories, and sweets handed to them by Santa, vibing to the Christmas celebration that brought the entire GMC together.



# Sankranti and Pongal

Makara Sankranti is a festival celebrated throughout our country marking the beginning of new harvest season and termination of the winter season. On this auspicious day, the Sun God is worshipped across the country.

To mark this harvest and seasonal festive, the students of Glow Montessori Centre celebrated Makara Sankranti with great energy and excitement. The quadrangle was decorated with pot filled with grains, looked beautiful with the flower carpet around it and sugarcane tied across the pot being the most important harvest of the season, signifying prosperity and well being.

The students sang songs like 'Banthu Sankranti Makara Sankranti' and 'Pongal o Pongal o Pongal' ..Children danced to the heart warming tunes of folk beats like 'Gubbi ellu' around the decorated pot. The children were instated about the facts and celebration of Makar Sankranti in detail. They were told that Sankranti is celebrated in different parts of India in different names such as Pongal, Makara Vilaku, Lohri, Uttarayan. As a part of the celebration Kindergarten Children made colorful and vibrant kites as their take away. The excitement continued with a scrumptious prasad made out of moong dal which energised them for a day of fun. They also carried home a pack of 'ellu bella', which signifies eating food that keeps the body warm and giving it much needed energy during the winter season. The true spirit of this joyous festival was at its best when children shouted "Ellu bella thindu olle mathadi".



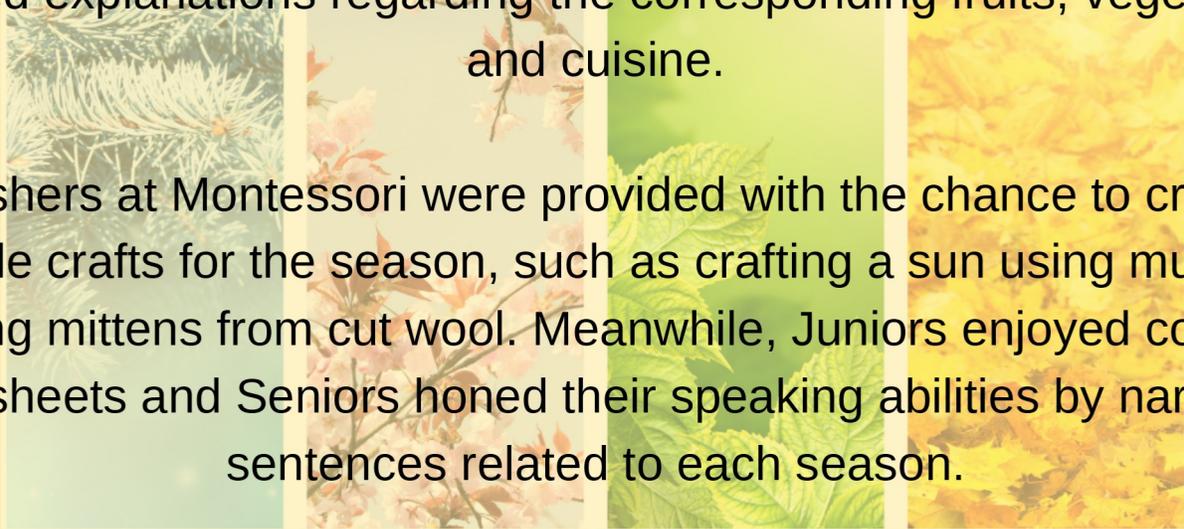
# Montessori Newsletter

## Theme- Seasons

The Glow Montessori Centre celebrated the four seasons of summer, winter, rainy and spring with great enthusiasm throughout the month.

The Montessori students arrived attired in seasonally appropriate clothing, complemented by suitable accessories. Some even brought along seasonal artwork to further enhance the thematic ambiance. The educators imbued the young students with a sense of seasonal ambiance through the creation of an appropriate backdrop and detailed explanations regarding the corresponding fruits, vegetables, and cuisine.

Freshers at Montessori were provided with the chance to create suitable crafts for the season, such as crafting a sun using muesli or making mittens from cut wool. Meanwhile, Juniors enjoyed coloring worksheets and Seniors honed their speaking abilities by narrating sentences related to each season.



As part of the culmination, children participated in a Monthly Treat where they brought an assortment of cuisine that reflected the current season and enjoyed it together with their peers.

Seasons Video Link :

<https://hrdnps->

[my.sharepoint.com/:v:/g/personal/nuthan\\_gmchrd\\_com/EbX9w4iLPOZlslbUnmKgywkBFuDAAq5n0fKluJBapjWndA](https://hrdnps-my.sharepoint.com/:v:/g/personal/nuthan_gmchrd_com/EbX9w4iLPOZlslbUnmKgywkBFuDAAq5n0fKluJBapjWndA)



MONTESSORI  
Celebrating seasons



# Gandhi Jayanthi

We commemorate Gandhi Jayanti annually on the 2nd of October in honor of our revered Father of the Nation. To recollect his endeavors towards attaining a liberated India and to express our heartfelt tribute to Gandhiji for all his sacrifices made for the country, we at Glow

Montessori Centre assembled to celebrate Gandhi Jayanti.

All of our students were instilled with Gandhian values and principles.

The children delighted in portraying Gandhian ideals by closing their eyes, ears, and mouth as they reminisced about the principle of "see no evil, hear no evil, speak no evil" with utmost enthusiasm.

The senior students arrived equipped with Gandhian quotes and messages to gain a deeper understanding about this iconic leader.

The students showcased their impressive oratory prowess while delivering speeches on the life and legacy of Gandhiji.



# Observation - Juniors

One of the most exhilarating events for parents is when they are invited to observe their child's Montessori classroom in action. These sessions provide a unique opportunity for parents to witness firsthand the dynamic functioning of the classroom, including how learning occurs through various materials and how children collaborate with each other in groups.

The Junior Parents' observation session was eagerly anticipated by parents who arrived promptly at 8:15 am and departed by 9:00 am to ensure an optimal experience. The pupils were inquisitive about the appearance of their beloveds within their surroundings and received them with warm embraces. Overall, there seemed to be no bounds to parental excitement as they gained insight into their child's daily routine within such a nurturing educational environment.



## Dussehra Celebration

The victory of good over the evil teaches us to follow the path of righteousness and truth. Dussehra celebration began with the tradition of arranging the Golu dolls, colorful rangoli and performing the pooja at Glow Montessori Centre.

Keeping the festival spirit alive the teachers narrated the story of Dussehra. Children learn the values of honesty, respect, and victory of good over the bad which are the core values for the young learners.

Montessori children were beautifully dressed up in traditional attire for the celebration and enthusiastically participated in and enjoyed the celebration. The children recited slokas of goddess Durga. Teachers also shared the significance and the story of the festival with children.

As we know, Dussehra is celebrated in diverse ways in different parts of our vast country. As a significant part of the celebration in Karnataka, children of Montessori made 'Ambaari' representing an elephant carrying the traditional palanquin, as part of their craft. Another group of children decorated dandiya sticks, an integral part of Dandiya dance in various part of the country and they also made stick figures of men and women dressed in Garbha attire and were excited the most to carry the craft home.

Our Principal and Vice-Principal embraced the celebration by speaking to children, thus bringing a grand culmination to the Term 1 with the Dussehra festivity at GMC.



## Kannada Rajyotsava

November 1st, 2023 marks the golden jubilee of Karnataka's establishment - a momentous occasion in the state's history. The students and faculty of GMC commemorated this event by donning yellow and red garments, symbolizing the colors of the Karnataka flag. They demonstrated their affection for their beloved state through various performances, including a lively dance to the popular song "Huttidhare Kannada nadalli hutabeku" and a soul-stirring rendition of "Ide nadu ide bhashe." With great pride, they displayed self-made headbands, badges adorned with the emblematic flag as they chanted 'Jai Karnataka,' echoing throughout every corner of GMC.

Kannada Rajyotsava Video Link:

<https://hrdnps->

[my.sharepoint.com/:v/g/personal/nuthan\\_gmchrd\\_com/EZZ2iaPSfDdNobXYBONmgoQBbt65wSX7oNkNShiNcltosw](https://my.sharepoint.com/:v/g/personal/nuthan_gmchrd_com/EZZ2iaPSfDdNobXYBONmgoQBbt65wSX7oNkNShiNcltosw)

# Children's Day Celebration

14th November is a day to celebrate the spirit of childhood as 'Children's Day' and to pay tribute to our former Prime Minister, Pandit Jawahar Lal Nehru, for his unconditional love for children.

Our beloved Principal, Vice Principal, Senior Coordinator and Mentor for Montessori were present to make this event a memorable one for our children. The children were treated to a melodious medley of songs followed by dance performance by their teachers.

The highlight of the day was a magic show in which children were mesmerized by the enchanting tricks. The children of GMC made sure that the young minds could enjoy their hearts out on a day specially dedicated to all of them.

The day ended on a memorable note with the children feeling special as they went home taking the colourful photo frame with their picture, made with love and affection by their teachers.

To unravel the hidden talents of our young blooming artists, a week-long celebration was conducted. The Montessori Juniors took the centre stage to embrace those quirky abilities and show them off to everyone else, performing the 'Show and Tell'. They proudly displayed their props like 'suitcase', 'piggy box', 'camera', etc, and spoke eloquently about these topics. Few students danced beautifully for the songs they came prepared and enthralled the audience.

The Montessori Seniors came prepared to perform various simple science experiments and narrate stories. The children conducted the experiments seamlessly and demonstrated a few experiments, like: water density experiment with lemon, water, oil and food colour, magnetic and non-magnetic experiment, oregano and soap experiment, volcano, inflating balloon with baking soda, sink and float, candle needs oxygen to burn experiment, to name a few. The Seniors also participated in 'Cooking without fire', and were given an opportunity to dish out a few culinary and demonstrate it to their friends who curiously watched them prepare the dishes like sandwiches, Monaco biscuit snacks.

They also got a chance to narrate stories which enhanced their public speaking skills and eloquently narrated stories like: 'The story of the boy who cried wolf', 'Ant and Hunter' with props.

Our Freshers used the stage to hone and express their talent by delivering a few lines about the chosen character and by singing a few action songs. They came well dressed in colourful costumes like: Butterfly, Bus, ATM machine, Pilot, Superman, Tooth paste, Army men, etc.,

The event proved to be a great learning experience for the students and gave them a platform to explore their hidden talents.

Childrens Day Video Link:

[https://hrdnps-my.sharepoint.com/:v/g/personal/nuthan\\_gmchrd\\_com/EdYh4QDw-cBCje66uU1KZJYB-Uae8NKGFEFydt9esG7azw](https://hrdnps-my.sharepoint.com/:v/g/personal/nuthan_gmchrd_com/EdYh4QDw-cBCje66uU1KZJYB-Uae8NKGFEFydt9esG7azw)

# Deepavali Celebration

At GMC, the Montessori group celebrated this festival with great enthusiasm, creating lasting memories for our children. To help our students understand the significance of Deepavali, the teachers narrated legends and tales behind this festival, the story of Lord Rama bringing back Sita from Sri Lanka, and always we gain light over darkness, and how this festival was celebrated. They also spoke to children about the safety measures to be taken while celebrating the festival.

The quadrangle wore a dazzling look, with all the children seated, dressed in vibrant traditional wear. It was transformed into a chorus, when everyone heartily sang 'Deepavali bandidey' and 'Aayiye Diwali'.

The classrooms buzzed with the sights of Deepavali, as children painted and decorated the diyas, and did colouring activities based on the festival. Some students even shared how they were preparing for the festival at home, and were eagerly waiting to meet their grandparents, cousins and friends. They enjoyed the mouthwatering kesaribath, a famous local sweet dish.

As the day came to a close, the children left school with hearts aglow, carrying their diyas, and the warmth of Deepavali with them.



## Vegetable Salad Day

As part of Monthly Treats, Montessori students celebrated Vegetable Salad Day, which was themed around vegetables for the month. Senior pupils eagerly contributed an array of different veggies to create a scrumptious salad. The practical life skills they had honed in peeling, grating and chopping were put to good use. Juniors and Freshers confidently shared their observations on peeling potatoes and chopping cucumbers versus carrots, as well as expressing their belief that corn was the tastiest vegetable of all. The resulting salad proved to be a delightful treat for everyone involved!



## Freshers Observation

The parent observation presents a unique opportunity for parents to gain insight into the daily routines of their children in a Montessori classroom. For the Fresher parents at GLOW MONTESSORI CENTRE, this was their inaugural experience witnessing their child's day-to-day activities. Upon entering the Montessori environment, many first-time observers were astounded by the diverse array of activities occurring simultaneously. Parents were initially drawn to observing their own child's behavior and subsequently overwhelmed by the exceptional performance exhibited by all students.

Children react differently when they have parental presence in class compared to regular school days. Some children expressed dismay on subsequent days when their parent did not attend while others eagerly showcased their work to other parents.

Overall, parents were captivated and content with the coordination, collaboration, and communication skills demonstrated among students of varying ages. They marveled at discovering seemingly magical talents and abilities that only surfaced within the walls of this innovative educational setting.



## *Christmas Celebration*

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The day concluded with children carrying home memories, and sweets handed to them by Santa, vibing to the Christmas celebration that brought entire GMC together.

# Sankranthi / Pongal Celebration

To mark this harvest and seasonal festive, the students of Glow Montessori Centre celebrated Makara Sankranthi with great energy and excitement. The quadrangle was decorated with pot filled with grains, looked beautiful with the flower carpet around it and sugarcane tied across the pot being the most important harvest of the season, signifying prosperity and wellbeing. The students of Montessori came dressed in their favorite ethnic wear and sang songs like 'Banthu Sankranthi Makara Sankranthi' and 'Pongal o Pongal o Pongal' ..Children danced to the heart warming tunes of folk beats like 'Gubbi ellu' around the decorated pot. As a part of the celebration, children coloured few festival related worksheets.

The excitement continued with a scrumptious prasad made out of moong dal which energised them for a day of fun. They also carried home a pack of 'ellu bella', which signifies eating food that keeps the body warm and giving it much needed energy during the winter season. The true spirit of this joyous festival was at its best when children shouted "Ellu bella thindu olle mathadi".

